# \#1 FORMULA BRAND IN EUROPE‘ IS AVAILABLE IN THE U.S. 



## COMPLETE NUTRITION FOR BABIES 0 - 12 MONTHS*

* For infants born prematurely or at a low birthweight, additional iron may be necessary for only Aptamil First Infant Milk Powder.


Inspired by 50 years of breast milk research $\&$ created by our team of scientists and experts

Aptamil ${ }^{\circledR}$ First Infant Milk Powder
Made with our unique biotic blend and designed to be easy to digest

Introducing Aptamil Formula


## What is Aptamil \& where can your patients find it?

Aptamil is brought to you by Danone and is inspired by over 50 years of research in early life science.
Aptamil is the \#1 formula brand in Europe and in over 10 countries around the world, including the UK, France, Australia, Spain and Brazil. ${ }^{\dagger}$

To make ordering quick \& easy
Aptamil Infant Formulas are available on amazon

## Inspired by 50 years of breast milk research \＆created by our team of scientists and experts

## Aptamil First Infant Milk Powder Key Features：

Complete nutrition with key
nutrients found in breast milk

Special blend of dual prebiotics
GOS／FOS \＆HMO 3＇GL and designed to be easy to digest

DHA to help support brain \＆eye development

Vitamins C and D to help support the immune system

To request additional full－size samples to share with your patients choosing formula，visit：us．aptamil．com／hcp

# - FOR HEALTHCARE PROFESSIONALS ONLY - 

## Aptèmil

## APTAMIL® INFANT FORMULA CONCENTRATION CHARTS

## Select the right formula and concentration for your patient from the Aptamil formula charts provided.

Families should always follow the standard mixing instructions (1 unpacked level scoop to 1 fl oz water) as directed on label unless otherwise directed by a healthcare professional. Adding too much powder or too much water can be dangerous for an infant and should only be done so under medical guidance.

Labels in other countries instruct consumers to boil water. Consistent with that approach, the label for Aptamil recommends heating water first to $160^{\circ} \mathrm{F}\left(70^{\circ} \mathrm{C}\right)$ and letting it cool to approximately $100^{\circ} \mathrm{F}\left(40^{\circ} \mathrm{C}\right)$.

## APTAMIL FIRST STAGE 1

Nutritionally complete infant formula for babies 0-12 months

| Nutritionally complete infant formula for babies 0-12 months |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Aptamil. | IMPORTANT: Use enclosed scoop to measure as scoops from other formulas may differ in size. <br> These values are approximations only. Please use a scale for greatest accuracy. Dilutions are more accurate using weighed powder vs. scoops. Scoops should be level and unpacked. 1 level, unpacked scoop yields 4.6 grams powder and provides 22.2 kcal . 1 gram provides 4.82 kcal and displaces .0 .73 mL water. This chart assumes $1 \mathrm{fl} 02=29.57$ mL . Values for water to add are rounded to the closest 0.5 fluid ounce and 5 mL . Milliliter volumes are more accurate. Final volume of prepared formula may vary slightly. |  |  |  |
|  | Add 2 unpacked level scoops (9.2 g) to the following amount of water: |  | Final volume of formula |  |
| To make: | fl oz | mL | fl oz | mL |
| $\begin{aligned} & 20 \mathrm{kcal} / \mathrm{oz} \\ & (0.67 \mathrm{kcal} / \mathrm{mL}) \end{aligned}$ | 2.0 fl oz | 60 mL | 2.2 fl oz | 66 mL |
| $\begin{aligned} & 22 \mathrm{kcal} / \mathrm{oz} \\ & (0.74 \mathrm{kcal} / \mathrm{mL}) \end{aligned}$ | 2.0 fl oz | 55 mL | 2.0 fl oz | 60 mL |
| $24 \mathrm{kcal} / \mathrm{oz}$ ( $0.81 \mathrm{kcal} / \mathrm{mL}$ ) | 1.5 fl oz | 50 mL | 1.9 fl oz | 55 mL |
| $26 \mathrm{kcal} / \mathrm{oz}$ ( $0.88 \mathrm{kcal} / \mathrm{mL}$ ) | 1.5 fl oz | 45 mL | 1.7 fl oz | 50 mL |
| $28 \mathrm{kcal} / \mathrm{oz}$ ( $0.95 \mathrm{kcal} / \mathrm{mL}$ ) | 1.5 fl oz | 40 mL | 1.6 fl oz | 47 mL |
| $30 \mathrm{kcal} / \mathrm{oz}$ <br> ( $1 \mathrm{kcal} / \mathrm{mL}$ ) | 1.0 fl oz | 35 mL | 1.5 fl oz | 44 mL |

## ADDITIONAL IRON INFORMATION

Aptamil First Infant Milk Powder infant formula provides 0.8 mg of iron $/ 100 \mathrm{kcal}(0.53 \mathrm{mg} / 100 \mathrm{ml})$.

This level of iron is appropriate for most babies and is consistent with European recommendations (EFSA, 2014; ESPGHAN CON 2014). For infants born prematurely, or with a low birthweight, with low iron levels at birth, or infants who are at risk for becoming iron deficient due to illness, additional iron may be necessary.

## APTAMIL CARE STAGE 1

Designed for babies born by c-section. Nutritionally complete infant formula for babies 0-12 months

## IMPORTANT: Use enclosed scoop to measure as scoops from other formulas may differ in size.

These values are approximations only. Please use a scale for greatest accuracy. Dilutions are more accurate using weighed powder vs. scoops. Scoops should be level and unpacked. 1 level, unpacked scoop vields 4.6 grams powder and provides 22.2 kcal .1 gram provides 4.8 kcal and displaces 0.72 mL water. This chart assumes $1 \mathrm{fl} 0 \mathrm{oz}=29.57 \mathrm{~mL}$. Values for water to add are rounded to the closest 0.5 fluid ounce and 5 mL . Milliliter volumes are more accurate. Final volume of prepared formula may vary slightly.

| Add 2 unpacked level scoops (9.2 g) <br> to the following amount of water: | Final volume of formula |  |  |
| :---: | :---: | :---: | :---: |
| fl oz | $\mathbf{m L}$ | fl oz | mL |
| 2.0 fl oz | 60 mL | 2.2 fl oz | 66 mL |
| 2.0 fl oz | 55 mL | 2.0 fl oz | 60 mL |
| 1.5 fl oz | 50 mL | 1.8 fl oz | 55 mL |
| 1.5 fl oz | 45 mL | 1.7 fl oz | 50 mL |
| 1.5 fl oz | 40 mL | 1.6 fl oz | 49 mL |
| 1.5 fl oz | 40 mL | 1.6 fl oz | 46 mL |
| 1.0 fl oz | 35 mL | 1.5 fl oz | 43 mL |

## APTAMIL CARE STAGE 2

## Aptamil



IMPORTANT: Use enclosed scoop to measure as scoops from other formulas may differ in size.
These values are approximations only. Please use a scale for greatest accuracy. Dilutions are more accurate using weighed powder vs. scoops. Scoops should be level and unpacked. I level, unpacked scoop yields 4.7 grams powder and provides 22.5 kcal .1 gram provides 4.8 kcal and displaces 0.70 mL water. This chart assumes $1 \mathrm{fl} 0 \mathrm{z}=29.57 \mathrm{~mL}$. Values for water to add are rounded to the closest 0.5 fluid ounce and 5 mL . Milliliter volumes are more accurate. Final volume of prepared formula may vary slightly.

Add 2 unpacked level scoops ( 9.4 g ) to the following amount of water:

## Final volume of formula

fl oz
mL
fl oz
mL

| 2.3 fl oz | 67 mL |
| :--- | :--- |


| 2.1 fl oz | 61 mL |
| :---: | :---: |
| 1.9 fl oz | 56 mL |


| 1.7 fl oz | 51 mL |
| :--- | :--- |

```
28 kcal/oz
(0.95 kcal/mL)
```

$30 \mathrm{kcal} / \mathrm{oz}$
(1 kcal/mL)

